

**The Power Source**  
Family: More or Less Ideal – Part 6 of 6  
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**How can I help my family be all it can be?**

**Review of Family: More or Less Ideal**

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|---------------|--------------------------------|
| <b>Week 1</b> | <b>What's Ideal?</b>           |
| <b>Week 2</b> | <b>The Best Relationships</b>  |
| <b>Week 3</b> | <b>Conflict Happens</b>        |
| <b>Week 4</b> | <b>Killer Expectations</b>     |
| <b>Week 5</b> | <b>Facing Trouble Together</b> |

**God gives power to Christ followers who ask for it** (Ephesians 3:14-16; 20-21)

Ephesians 3:14-16 For this reason I bow my knees before the Father, <sup>15</sup>from whom every family in heaven and on earth is named, <sup>16</sup>that according to the riches of his glory he may grant you to be strengthened with power through his spirit in your inner being,

**“I bow my knees before the Father”** (show the whole first with this phrase highlighted and underlined)

**“strengthened with power through his Spirit in your inner being”** (show the whole first with this phrase highlighted and underlined)

Ephesians 3:20-21 Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, <sup>21</sup>to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

**Keeping in step with the Spirit provides power to win the battle** (Galatians 5:16-25)

Galatians 5:16-17 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

Galatians 5:25 If we live by the Spirit, let us also keep in step with the Spirit. ESV

**My Next Step today is to...**

- ☐ Ask God for the strength and power to do good to others
- ☐ Stop working to change and surrender to God's Spirit