The Dove

The Greatest of All Time – Part 4 of 4
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Matthew 26:36-45 Then Jesus went with them to a place called Gethsemane, and He said to his disciples, "Sit here, while I go over there and pray." ³⁷ And taking with him Peter and the two sons of Zebedee, He began to be sorrowful and troubled. ³⁸ Then He said to them, "My soul is very sorrowful, even to death; remain here, and watch with Me." ³⁹ And going a little farther He fell on his face and prayed, saying, "My Father, if it be possible, let this cup pass from Me; nevertheless, not as I will, but as You will." ⁴⁰ And He came to the disciples and found them sleeping. And He said to Peter, "So, could you not watch with me one hour? ⁴¹ Watch and pray that you may not enter into temptation. The spirit indeed is willing, but the flesh is weak." ⁴² Again, for the second time, He went away and prayed, "My Father, if this cannot pass unless I drink it, Your will be done." ⁴³ And again He came and found them sleeping, for their eyes were heavy. ⁴⁴ So, leaving them again, He went away and prayed for the third time, saying the same words again. ⁴⁵ Then He came to the disciples and said to them, "Sleep and take your rest later on. See, the hour is at hand, and the Son of Man is betrayed into the hands of sinners. ESV

Luke 23:32-34 Two other men, both of them criminals, were also led out to be put to death with Jesus. ³³ When they came to the place called "The Skull," they crucified Jesus there, and the two criminals, one on His right and the other on His left. ³⁴Jesus said, "Forgive them, Father! They don't know what they are doing." They divided His clothes among themselves by throwing dice. GNT

Jesus is the Dove:

He displays for us an emotional life that is the perfect harmony of hope, peace, joy and sorrow.

Jesus Felt It All...

- Love (Luke 16:19-31)
- Peace (Mark 4:35-41)
- Compassion (Matthew 20:34)
- Pity (Matthew 9:36)
- Zeal and Anger (Mark 11:15-18)
- Indignation (Mark 1:41)
- Weeping (John 11:35; Luke 11:41)
- The Pain of Betrayal (Matthew 26:40)
- Sorrow yet not Despairing (Matthew 26:37; Mark 8:31)
- Certain Death yet Full of Courage (Matthew 26:45)
- Loyal yet Lonely (Matthew 27:46)
- Joyful in Hope (Hebrews 12:2)

The Color of Emotions

- Green Emotions
- Red Emotions
- Orange Emotions

Consider: Who taught you your emotional colors? Are you classifying them correctly? How do you know?

Emotion: 2 Schools of Thought

1. Stoics: Amputation, Meditation & Medication

"No one cares about me!"
We can't care about what you conceal.
We can only care about what you reveal.

2. Hedonists: Accept, Affirm & Appease

Consider: When it comes to emotions are you more of a stoic or more of a hedonist?

Hebrews 12:2-3 Keep your eyes on Jesus, our leader and instructor. He was willing to die a shameful death on the cross because of the joy He knew would be His afterwards; and now He sits in the place of honor by the throne of God. ³ If you want to keep from becoming fainthearted and weary, think about His patience as sinful men did such terrible things to him. TLB

Jesus Can Transform the Tune of Our Hearts

Jesus...

Gives us His rhythm – Perfect Peace

Isaiah 26:3 You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. NKJV

- Teaches us His harmony Hope (Hebrews 12:2-3)
- Sings the melodies of life with us Sorrows and Joys (Isaiah 53)