

Boundaries to Protect
 The Bible's Principles for Parenting
 Parenting Advice - Part 4 of 5
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Defining Discipline...

- Discipline (English) –
- Paideia (Greek) –
- Musar (Hebrew) –

God intends discipline to train His people towards righteousness.

Hebrews 12:11 (ESV)

For the moment all discipline(paideia) seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

God disciplines those he loves.

Proverbs 3:11–12 (ESV)

¹¹ *My son, do not despise the LORD's discipline(musar)
 or be weary of his reproof,*

¹² *for the LORD reproves him whom he loves,
 as a father the son in whom he delights.*

Biblical Principles for Disciplining Children

- Parents are given the role to discipline the folly out of their child's heart.

Proverbs 22:15 (ESV)

Folly is bound up in the heart of a child, but the rod of discipline(musar) drives it far from him.

Ephesians 6:4 (ESV)

Fathers, do not provoke your children to anger, but bring them up in the discipline(paideia) and instruction of the Lord.

- The goal in discipline is to help kids stay on the path toward the fulfilled life that God desires for them.

Hebrews 12:11 (ESV)

For the moment all discipline (paideia) seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

- Parents who love their children will be careful to discipline them.

Proverbs 13:24 (ESV)

Whoever spares the rod hates his son, but he who loves him is diligent to discipline him.

Proverbs 19:18 (ESV)

Discipline your son, for there is hope; do not set your heart on putting him to death.

Forms of Discipline should be effective with the child and proportionate to the offense.

- Natural Consequences
- Logical Consequences
- Physical Discipline
 - Is not:
 - Brutality to a child
 - Beatings
 - Damage to a child
 - Is painful enough to cause a child to not want to do the disobedience again, but it should not be brutal, cruel, or inflict damage to the child.
- Verbal Reprimand
- Withdrawal from something the child enjoys or perhaps a timeout

Parents must surround discipline with love...

1. Begin with **prayer** for yourself and your child.
2. Next, **explain** why you are about to discipline him/her.
3. Then **ask** your child, "Do you understand?"
4. After that, **discipline**.
5. Finally, **emotionally reconnect** with your child.
 - Give them a hug. Let them know that the purpose of the discipline was to correct the behavior because it is dangerous. Make sure they know that you are not rejecting him or her.

Discipline Must Change Over Time to Match the Parent's Role in Development

| Child's Relationship to... | Parents' Role | | | Maturity Goal |
|----------------------------|---------------|--------------------|-------------------|------------------------|
| Parents | Control | Guidance | Choice | Respectful Autonomy |
| Others | Isolation | Protection | Immunization | Interdependency |
| Self | Discipline | Implication | Responsibility | Stewardship |
| | Infancy | Early Childhood | Late Childhood | Early Adulthood |

My next step today is to:

- Thank God for his loving correction, repent, and set out to live God's way.
- Read through God's perspective on disciplining children each day this week.
- Practice disciplining my kids with love through the 5 steps this week.