

Enjoying Delight
Triggered Part 5 of 5
Pastor Matt Sprinkle
February 5, 2023

Enjoyment's basic feeling is pleasure. Pleasure is triggered by physical, emotional, or spiritual experiences

Enjoyment Can Be a Blessing from God

1. Satisfaction in my work, food, drink, and lot in life (Eccl 5:18-20)
2. Happiness (Eccl 2:26)
3. Marriage in Youth (Prov 5:18)

Enjoyment Can Be a Judgment from God (Romans 1:24,26; 2 Thess 2:11-12)

God Repeatedly Warns Us Of the Damage Desire Can Do

1. Quarrels & Murder
2. Shredding Your Soul
3. Poverty
4. It Will Destroy Your Life

2 Ditches

Asceticism -----	Lawlessness
1 Tim 4:1-3	1 Cor 6:12-13

Christians Must Learn to Enjoy what is Good by Faith

Enjoyment is Good When It's...

- Manner
- Means
- Motive
- Cost
- Timing

...Are Right & Wise Before God

Questions to Ask

1. Does God approve of this?
2. Is the way I am going about this honoring to God?
3. Is this enjoyment likely to end up in debauchery or slavery?
4. Am I wasting resources on this pleasure?
5. Is this the right time for enjoyment?

Next Step...

- ☐ Thank God for the delightful things He gives you to enjoy.
- ☐ Identify a pleasure/desire you need to put to death.
- ☐ Before you partake in what you most enjoy this week, ask the 5 questions.
- ☐ If you are in slavery, or debauchery, ask for help.